

# Station Vignette

You are a third-year medical student at the ED.

The registrar has asked you to perform an exam for Andrew Thomas, a 52-year-old male who has presented with jaundice.

#### Vital signs:

• HR: 90 beats per minute, regular

• RR: 18

• BP: 135/85

• Temperature: 36.8

• O2: 97%

#### **TASK**

You have a total of **7 minutes** to perform the relevant examination.

At the end of the allotted time, you will have **1 minute** to answer the examiner's questions.

You do **NOT** need to complete a history.

#### **PATIENT INSTRUCTIONS**

**Presenting Complaint: Jaundice** 

**Positive Findings: (Examiner to present)** 

- Jaundiced
- Palmer erythema present
- Asterixis present
- Yellow sclera present
- Multiple spider naevi visible on chest
- Distended abdomen
- Mild abdominal tenderness in all quadrants. No rebound tenderness or guarding.
- Shifting dullness present
- Mild pitting oedema to ankles

### **EXAMINER QUESTIONS**

- 1. Provide **two (2)** differential diagnoses based on the findings of your history.
- 2. List **three (3)** appropriate investigations.

## MARKING CRITERIA – Case 3\_02\_04

Item	Criteria	Mark				
Introduction	□ Washes hands	/6				
	☐ Introduces themselves to the patient including name and role					
	☐ Confirms the patient's name and date of birth					
	☐ Briefly explains what the examination will involve					
	☐ Gains consent to proceed with the examination					
	□ Adequately exposes the patient					
General		/2				
	—, r, p, p					
inspection	abdominal distension, pallor, jaundice, hyperpigmentation, oedema,					
	cachexia, hernias					
	☐ Looks for stoma bag(s), surgical drains, feeding tubes, catheters					
Hands	☐ Inspects the palms for pallor, palmar erythema and Dupuytren's	/6				
	contracture					
	☐ Inspects for nail signs including koilonychia and leukonychia					
	☐ Assesses for finger clubbing					
	☐ Assesses for asterixis					
	☐ Assesses and compares the temperature of the hands					
	□ Palpates and assesses the radial pulse					
Arms	☐ Inspects the patient's arms for bruising, excoriations and needle	/1				
	track marks	, .				
Face	☐ Inspects the eyes for conjunctival pallor, jaundice, xanthelasma,	/3				
1 400	Kayser-Fleischer rings	/5				
	☐ Inspects the mouth for angular stomatitis, glossitis, oral candidiasis					
	☐ Inspects the chest for spider naevi, gynaecomastia and hair loss					
Abdomen	☐ Position the patient lying flat on the bed	/12				
	☐ Inspect the patient's abdomen for scars, Cullen's sign, Grey-					
	Turner's sign, striae, abdominal distension, hernias, stomas					
	☐ Checks if the patient has any abdominal pain before palpating					
	□ Performs light and deep palpation of the abdomen across all nine					
	regions					
	□ Palpates the liver					
	•					
	□ Performs Murphy's sign					
	□ Palpates the spleen					
	☐ Palpates the aorta					
	☐ Abdominal percussion of liver and performs Castells point					
	☐ Performs splenic percussion					
	☐ Assesses shifting dullness					
	☐ Auscultates for bowel sounds					
	☐ Auscultates for aortic and renal for bruits					
Legs	☐ Assesses for pedal oedema	/2				
Ü	☐ Inspects for bruising, excoriations and rashes					
Questions	□ <b>Differentials</b> – 2 of: Hepatitis, Cirrhosis, Choledocholithiasis, Acute	/5				
Questions	Liver Failure	, 0				
	☐ Investigations – 3 of:					
	-					
	Bloods: FBC, U&Es, LFTs, CRP, Coagulation Profile					
	<ul> <li>Bloods: FBC, U&amp;Es, LFTs, CRP, Coagulation Profile</li> <li>Imaging: Abdo CT</li> </ul>					
Global	Bloods: FBC, U&Es, LFTs, CRP, Coagulation Profile	/5				
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